

# FINE-MOTOR COORDINATION MILESTONES

## BABIES

### 0-6 MONTHS

- o Voluntary grasp (3 months)
- o Holds hands at midline (3 months)
- o Mature palmar grasp (5 months)
- o Able to reach for toy (6 months)

### 6-12 MONTHS

- o Reaches for and grabs toy
- o Picks up small objects such as raisins and/or cheerios with a pincer grasp (thumb and one finger)
- o Transfers objects from one hand to another
- o Drops and picks up object intentionally

## TODDLERS

### 1-2 YEARS

- o Turns pages of cardboard book
- o Builds tower of 3 blocks
- o Places 5 pegs in pegboard
- o Scribbles
- o Turns knobs
- o Paints with whole arm movement
- o Self-feeds with some help
- o Holds and drinks from cup unassisted
- o Removes socks

## PRE-SCHOOL

### 2-3 YEARS

- o Turns single pages
- o Snips with scissors
- o Holds crayon with thumb and fingers (not fist)
- o Paints with some wrist movement
- o Draws vertical and horizontal strokes
- o Intentionally throws or propels an object
- o Self-feeds independently
- o Removes shoes and simple clothing
- o Unbuttons large buttons

### 3-4 YEARS

- o Builds tower of nine blocks
- o Copies circle and imitates cross
- o Manipulates clay material
- o Removes forms in form board
- o Points with an isolated index finger
- o Strings large beads
- o Dons socks independently and a t-shirt with some help
- o Pulls down simple clothing
- o Can button large buttons
- o Can zip/unzip jacket



THE LITTLE  
THERAPY HOUSE

## 4-5 YEARS

- o Cuts straight line using scissors
- o Copies cross and square
- o Writes name
- o Writes numbers 1-5
- o Copies letters
- o Hand dominance is evident
- o Folds a sheet of paper
- o Dons/Doffs simple clothing
- o Able to shank together to zip up a jacket
- Laces shoes

## SCHOOL-AGE

### 5-6 YEARS

- o Cuts out simple shapes with scissors
- o Writes on lines consistently
- o Demonstrates good pencil control
- o Can build with Legos
- o Ties shoelaces
- o Dresses independently

### 7-8 YEARS

- o Produces legible handwriting



THE LITTLE  
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